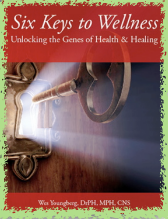


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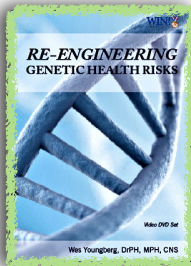
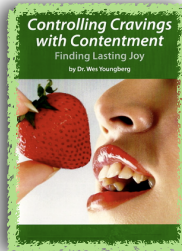
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DrPH, MPH, CNS, FACLM

Dr. Youngberg earned a doctorate in clinical preventive care and a master's degree in nutrition at Loma Linda University, where he serves as a clinical professor for the Schools of Medicine and Public Health. He is a Certified Nutrition Specialist, and a founding director and Fellow of the American College of Lifestyle Medicine. He has spent over 20 years helping his patients transform their health.

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