



“3 Months To Wellness” Program Achieve Better Health in 12 Weeks

Monday's 5:30 pm - 7:00 pm
or Thursday's 10:30 am – 12:00 Noon

**The most comprehensive health assessment
and clinical wellness program of its kind.**

This program is specifically suited for anyone who wants to improve their health by determining and then properly addressing the actual underlying causes of their health problems. This clinical and educational series comprehensively covers lifestyle, nutritional, hormonal, digestive, detoxification, thyroid, immune, metabolic, glycemic, diet supplements and other natural strategies that will help you achieve optimal health.



Dr. Wes Youngberg
DrPH, MPH, CNS, FACLM

Dr. Wes Youngberg trained at Loma Linda University where he earned a Doctorate in clinical preventive care and a master's degree in nutrition. He is on the clinical faculty for the Loma Linda University Schools of Medicine and Public Health, is a board Certified Nutrition Specialist, and is a founding director and Fellow for the American College of Lifestyle Medicine.

He has lectured to medical conferences throughout Europe, Asia and the Americas. He has over 20 years experience conducting comprehensive wellness programs. Dr. Youngberg also provides personal consultations at his full time practice in Temecula.



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For a limited time, this 12-week program is available for only \$300.

The 12 sessions that make up the “3 Months to Wellness” program normally cost \$1,128. Currently, Dr. Youngberg is offering the entire program for only \$360 or \$30 per week! **Pre-pay in full and receive a \$60 discount.** Plus, as a New Year bonus, bring a spouse, child (>12yo), parent or sibling and they get an additional 20% discount.

Chances are you're not aware of all your major health risk factors. This program helps you gain insights into your real health status and what to do about it. It will change your life...Guaranteed!

To Register, call 951-676-9922

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www.DrYoungberg.com

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