



SEVENTH-DAY
ADVENTIST
CHURCH

Thousand Oaks

Mailing Address

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Church Location

480 W. Gainsborough Road
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November 8, 2013

Dr. Wes Youngberg, DrPH, MPH, CNS, FACLM
28780 Single Oak Dr. Ste 243
Temecula 92590

Dear Dr. Youngberg:

I want to express great appreciation for the church and community health presentations you gave at our church last Sabbath, November 2.

We had planned this event hoping it would benefit our church members and also draw guests from the community, creating a desire to learn more. We were not disappointed in either goal.

Your message for the church Sabbath morning, "Turning Good Genes On and Bad Genes Off: Good News about Mastering Your Genetic Risk," was enthusiastically received by our church family. Some said if they had known how good it was going to be, they would have worked harder the week before to invite friends to both lectures.

Personally, I appreciated how you presented new research about managing one's genetic risk factors in a spiritual/biblical setting. The message was very appropriate for worship, and you made the science information you shared easy to understand. I thought the life change stories you told were powerful. God has blessed you with a gift for storytelling that is impactful and motivating.

Your afternoon community lecture, "Goodbye Diabetes; Preventing and Reversing Diabetes the Natural Way," was attended by about 150 - 170 people, approximately 60 - 70 of whom were community guests. Again, you combined scientific information and case stories in a way that kept people's attention and created a desire for change. The folk clearly wanted to learn more; so thank you for offering your book, "Goodbye Diabetes," and CD's and videos of your lectures, which people purchased after Sabbath closed. I heard that all the books sold out. It was a special feature that you signed your book and took time to speak with those who purchased it.

We were thankful that 80-90 people stayed over for the cooking demonstration by Dr. John Westerdahl and his wife and the Q & A session you provided.

We could not have been more pleased with the lectures and people's response to them. We would highly recommend your ministry and work to others and wish you God's blessings in the future.

Sincerely,

Michael Brownfield, MDiv, MPH
Associate Pastor