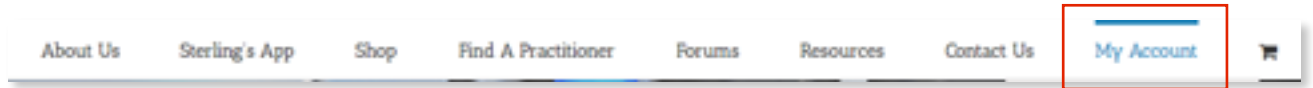


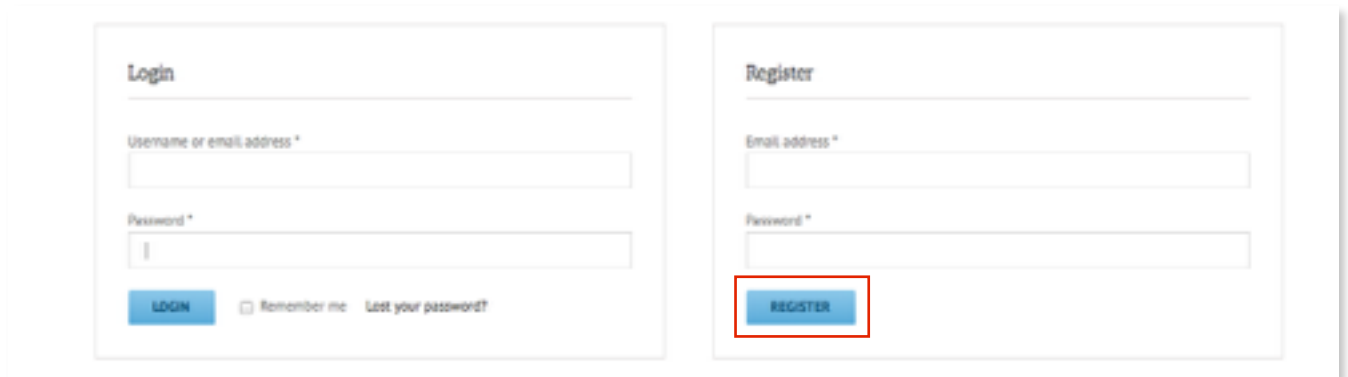
Downloading Your MTHFR Report

Log onto www.mthfrsupport.com

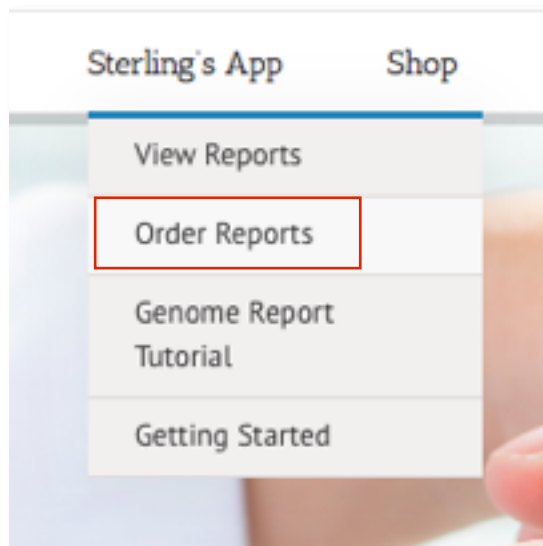
- Select, 'My Account'



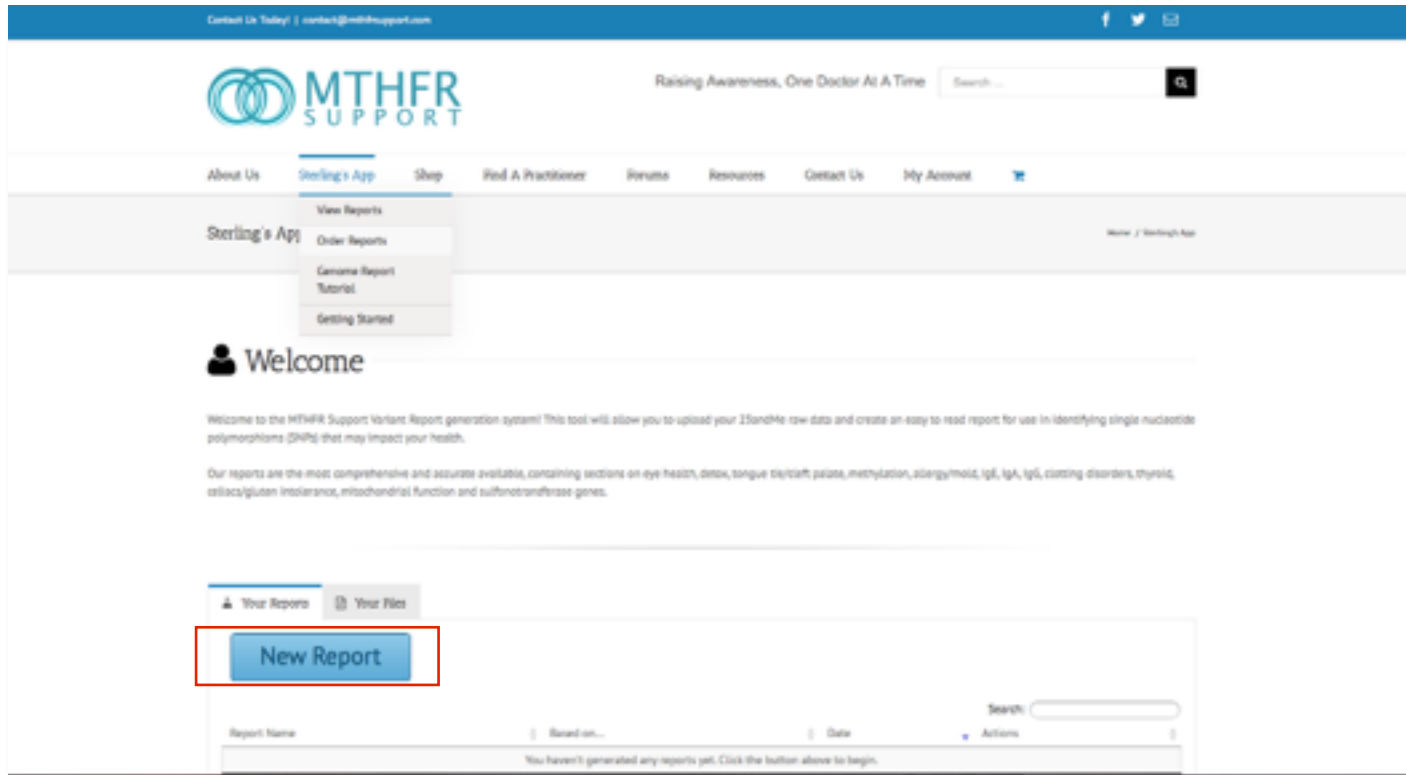
- Choose 'Register'



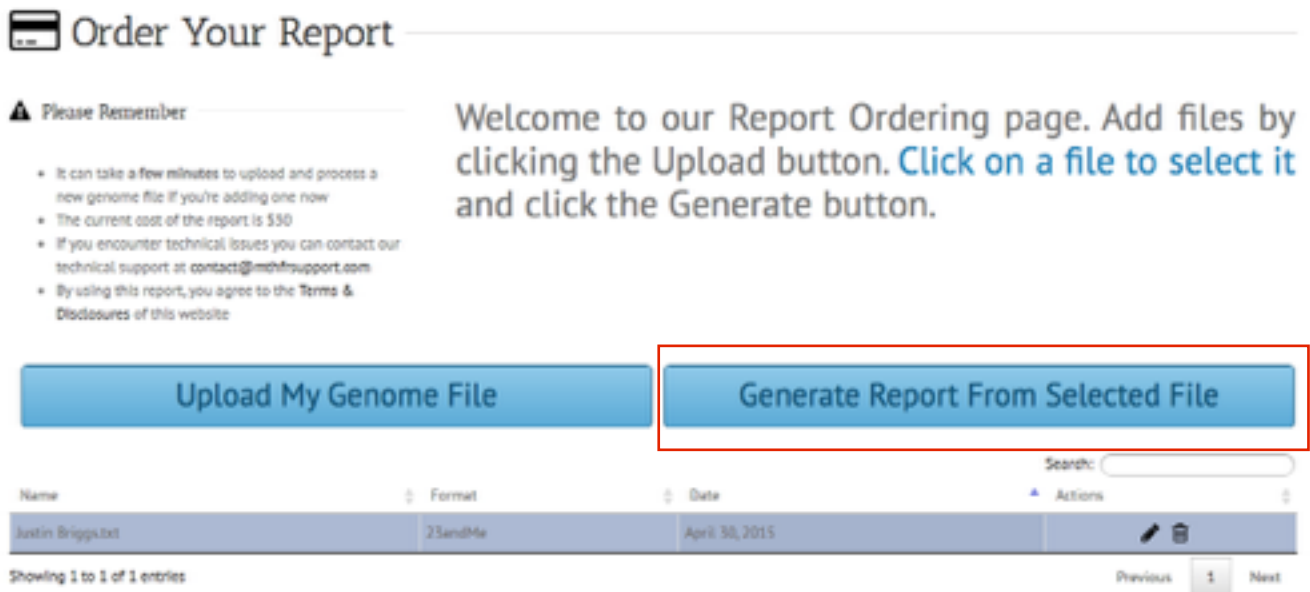
- Enter an email address and password. Hit 'Register'.
- Enter billing information and then click continue
- Once the registration form is complete go back to the home page.
- On the homepage select 'Sterling's App' then choose 'Order Reports' from the drop down menu.



- Upload your genome file by selecting 'new report'




- Select your file
- Click 'Generate Report from Selected File'



- Click, 'Proceed to Checkout'

The screenshot shows a shopping cart interface. At the top, there is a table with the following data:

Product	Price	Quantity	Total	
 MTHFR Variant Report	\$30.00	1	\$30.00	X


Below the table, the 'Cart Totals' section shows:

- Subtotal: \$30.00
- Total: \$30.00

There is a 'Proceed to Checkout' link. To the left, there is a 'Have A Promotional Code?' section with a text input field for 'Coupon code' and an 'APPLY' button. To the right, there is another 'Cart Totals' section with the same subtotal and total, and an 'UPDATE CART' button. The 'PROCEED TO CHECKOUT' button is highlighted with a red box.

- Check the box that says "I've read and accepted the terms & conditions"

The screenshot shows a checkout page. At the top, there is a 'Your order' section with a table:

Product	Total
 MTHFR Variant Report x 1	\$30.00

Below the table, the 'Cart Subtotal' is \$30.00 and the 'Order Total' is \$30.00.

There is a 'PayPal What is PayPal?' section with a checkbox checked. Below it, there is a text box: "Pay via PayPal; you can pay with your credit card if you don't have a PayPal account." To the right of this text are logos for VISA, MasterCard, American Express, and DISCOVER.

At the bottom, there is a checkbox labeled "I've read and accept the terms & conditions" which is checked. To the right of this checkbox is a 'PROCEED TO PAYPAL' button, which is highlighted with a red box.

Monday, June 1, 2015

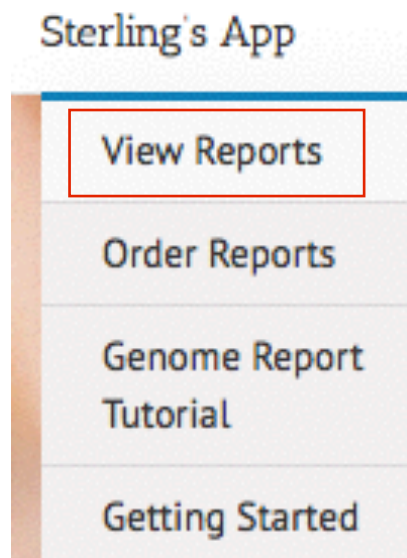
- Click 'Proceed to Paypal' [If you don't have a PayPal Account you may still pay with your credit card]
- Choose payment method

The screenshot displays a checkout page with two main sections. On the left is the 'Your order summary' table, and on the right is the 'Choose a way to pay' section.

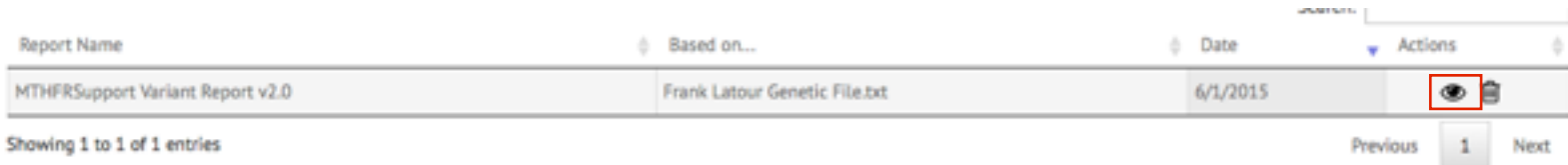
Descriptions	Amount
MTHFR Variant Report (Report_id: 2... Item price: \$30.00 Quantity: 1	\$30.00
Item total	\$30.00
Total \$30.00 USD	

The 'Choose a way to pay' section includes a 'Pay with my PayPal account' button with a lock icon and the text 'Log in to your account to complete the purchase'. Below it is a 'Pay with a debit or credit card, or PayPal Credit' section with the text '(Optional) Join PayPal for faster future checkout'. A 'Country' dropdown menu is set to 'United States'. Three buttons are visible: 'Debit or Prepaid Gift Card', 'Credit Card', and 'PayPal Credit Special Offer'. Below these buttons is a security notice: 'Enjoy additional security on purchases made using your debit card on PayPal. Shop without exposing your card information, get 24/7 monitoring on all PayPal transactions and 100% protection against unauthorized payments.' The form includes a 'Debit or Prepaid gift card number' input field, 'Payment types' with logos for VISA, MasterCard, Discover, and American Express, an 'Expiration date' field with 'mm / yy' labels, and a 'CSC' field with a 'What is this?' link.

- Once order is complete download your MTHFR file.
- Go to home page.
- Select 'Sterlings App' and click 'View Reports' from the drop down menu.




- Select report
- Choose the 'eye' icon under "Actions"



- Download File

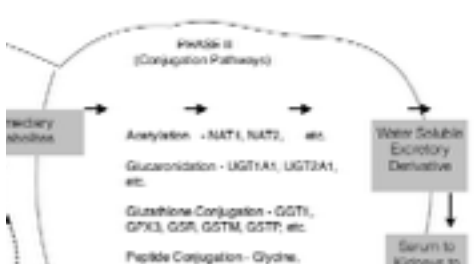
2.0

Click here to download your report as a PDF 

SNP Search:

I & II Yeast/Alcohol Metabolism
ways Trans-sulfuration Pathway
mine Neurotransmitter Pathway: Glutamate & GABA
divity Mitochondrial Function

USE IN LIVER DETOX



More	SNP Name	Risk Allele	Your Allele	Your Results
Liver Detox - Phase I				
+	BMP2 C282Y	G	AA	+
+	CYP1A1*3C A4889G	C	TT	+
+	CYP1A1*4 C2453A	T	GG	+
+	CYP1A2 C164A	C	AA	+
+	CYP1B1 L432V	C	CG	+/-
+	CYP1B1 N453S	C	TT	+
+	CYP1B1 R48G	C	CG	+/-
+	CYP2A6*2 A1799T	T	AA	+
+	CYP2C19*17 806C>T	T	CT	+/-

- Save file onto your computer
- Email it to Dr.Youngberg: dryoungberginfo@gmail.com
- Finished!

Monday, June 1, 2015