

Healthy Taste of Ventura

Lose Weight • Get Healthier • Live Longer • Go Plant Based!



Dr. Michael Greger



Rich Roll



Dr. Wes Youngberg



Darshana Thacker



Cathy Fisher



Chef AJ



John Pierre

Sunday, February 23, 2014

Camarillo Seventh-day Adventist Church • 3975 Las Posas Road • Camarillo, CA 93010

Healthy Taste of Ventura Details

- ☛ 9 a.m. to 4:30 p.m. including a light breakfast, a delicious whole food, plant based lunch & snack.
- ☛ An all day event featuring the latest scientific information by the finest medical doctors and fitness experts, and food and food preparation by the best plant based vegan chefs.
- ☛ Dr. Michael Greger, Rich Roll, John Pierre and Dr. Wes Youngberg speakers.
- ☛ \$75/ person until January 4, 2014
\$99/ person • January 5 to 31, 2014
\$119/ person • February 1 to 15, 2014
\$129/ person • February 16 to 22, 2014
\$149/ person • at the door if room.
- ☛ Free, convenient parking.

About Our Speakers & Chefs

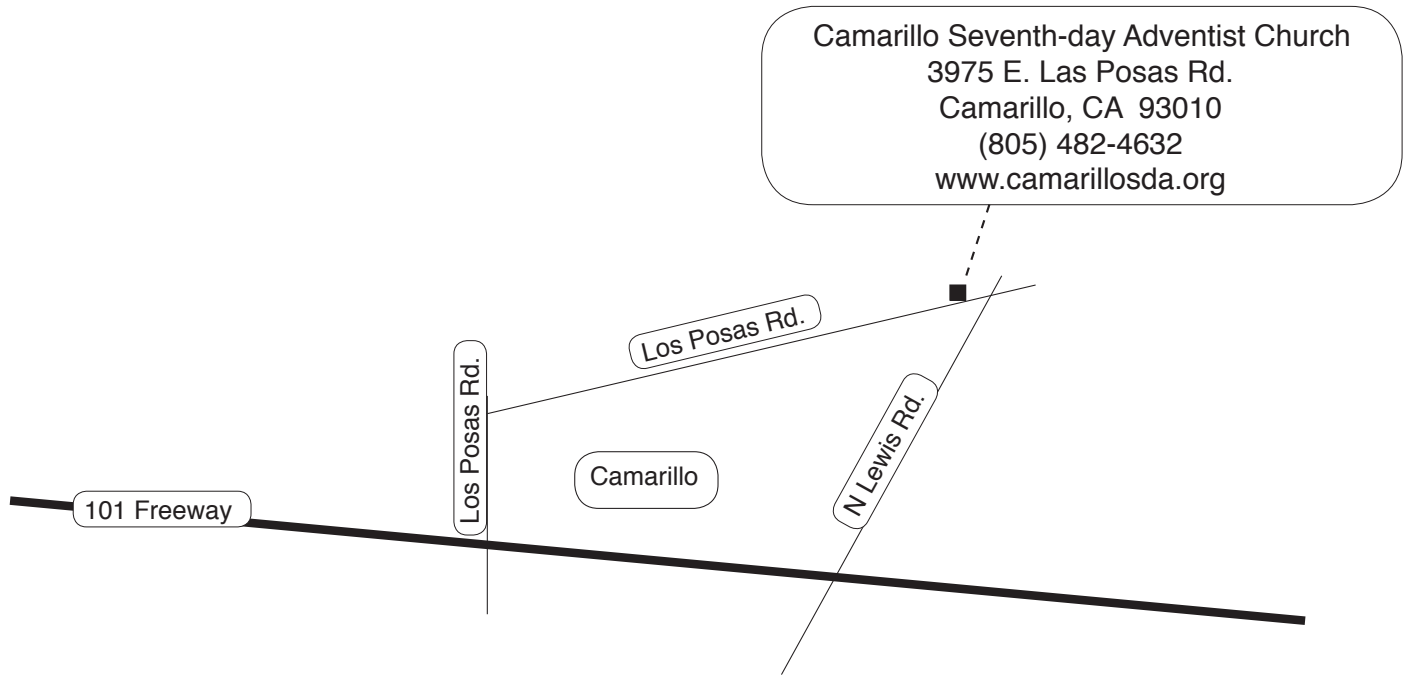
- ☛ Michael Greger, MD, Internationally-recognized health issues speaker. www.NutritionFacts.org.
- ☛ Rich Roll author of *Finding Ultra*. www.RichRoll.com
- ☛ Wes Youngberg, PhD, author of *Goodbye Diabetes*. www.DrYoungberg.com.
- ☛ Darshana Thacker, vegan chef, recipes in *Forks Over Knives, the Cookbook*. www.VapikaSpirit.com.
- ☛ Cathy Fisher, cooking instructor TrueNorth, The McDougall Program. www.StraightUpFood.com.
- ☛ Chef AJ, a vegan for over 35 years and author of *Unprocessed*. www.EatUnprocessed.com.
- ☛ John Pierre, celebrity fitness guru, author of *The Pillars of Health*. www.JohnPierre.com.

Purchase Tickets • Get More Information At www.HealthyTasteOnline.com • (800) 481-6482.

Speakers and program subject to change and improvement!

Map to Healthy Taste of Ventura at the Camarillo Seventh-day Adventist Church

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Map not to scale.