Unlocking the Code for Brain Healing: Natural Strategies for Preventing Alzheimer's & Reversing Memory Loss

Dr. Wes Youngberg
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Dr. Youngberg is a practicing clinical nutritionist and lifestyle medicine specialist in Southern California; assistant clinical professor at Loma Linda University Schools of Medicine and Public Health; founding director and fellow of the American College of Lifestyle Medicine; international speaker and author of *Goodbye Diabetes,* and *Hello Healthy: Strategies to reach your full health potential.*

FREE 4-hour seminar with Dr. Youngberg on optimizing brain health. This presentation will cover the latest research from UCLA, Harvard and Cleveland Clinic, demonstrating comprehensive treatment plans for both prevention and treatment of memory loss and Alzheimer's.

When: Sunday, May 22, 2016 from 1-5PM
Hosted By: Fallbrook Seventh-day Adventist Church (close to the 15 Freeway b/w Rainbow and Mission exits). **Where:** 1200 Old Highway 395, Fallbrook CA 92028 (Some, GPS systems confuse that address. May also use: 1200 Rainbow Valley Blvd, which will take you to an address very close to the church.)

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For info and registration go to
www.dryoungberg.com