

Downloading your MTHFR Report

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- Choose 'Register'

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- Enter an email address and password. Click 'Register'.
- Enter billing information and then click continue.
- Once the registration form is complete go back to the home page.
- On the homepage select 'Sterling's App' then choose 'Order Reports' from the drop down menu.

Supplements

• Upload your genome file by selecting 'Upload My Genome File'.

Order Your Report					
A Please Remember	You're only a	few steps away f	com your report!		
 It can take a few minutes to upload and provide adding a adding adding addi	process a 1. Upload or	ie or more genom	e files below		
 If you encounter technical issues you car our technical support at 	a contact 2. Click to se	elect the genome	ile to order a report from		
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- Select your file.
- Click 'Generate Report from Selected File'.



• Choose 'Variant Report'.

Report Bundle	Variant Report	Methylation Report	COVID-19 Report	Excipient Report
\$ 59 %	\$ 39 %	\$ 19 ⁹⁵	\$ 19 ⁹⁵	\$ 19 %
Includes Variant, Methylation, Excipiant, and COVID-19	Up to 1300+ SNPs*	Specialized Report	Created in partnership with Nutrigenomics Wellness	Up to 500+ SNPs*
reports	FREE Updates**	Based on the topic that started it all	COVID-19 related SNPs	FREE Updates**
discounted price	SNP & Tag Search	Focused on Methylation SNPs	COVID-19 companion guide	SNP Search
The Same FREE Updates**	Pathway Diagrams	Simple and Concise	Latest updates	No Diagrams
Our full database of SNPs	Sample Report***	Sample Report***	Sample Report***	Sample Report***
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You Have 1 Item In Your Cart				
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MTHFR Variant Report Genome: genome_Madison_Youngberg_v5_Full_20200112124343.txt	\$39.95	1	\$39.95	×
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Total:	\$39.95 USD	Pay with a credit or debit card Secured checkout by PayPai Or simply create a PayPai account.					
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- Once order is complete, download your MTHFR file.
- Go to home page on, www.mthfrsupport.com

• Select 'Sterling's App and click 'View Reports' from the drop down menu.

Sterling's App	Suppler	nents
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- Select report.
- Choose the 'eye' icon under "Actions".

Report Name	Based on 🔶 Date	🔹 Actions 🛛 🔶
MTHFRSupport Variant Report v2.12	7/12/2020	<u>ا</u>
Showing 1 to 1 of 1 entries	Previous	1 Next

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Tag Search:					SNP Search	ו:					
	Liver Detox - P	hase I & II					More	SNP Name 🛛 🔶	Risk Allele	Your Alleles	Your Results
		nacoran						Liver Detox	- Phase I		
				DETOX			+	CYP1A1*4 C2453A	т	GG	-/-
			PHASE I & II LIVER I	DETOX			÷	CYP1A2 1545T>C	с	ст	+/-
Fat Soluble	(Cytochr	PHASE I rome P450)	\sim	PHASE II (Conjugation Path	ways)		Đ	CYP1A2*1F 34356G>A	A	AG	+/-
Metabolite (e.g.,	÷ →	→ _		→ →	→	\rightarrow	÷	CYP1A2*1F C164A	А	AC	+/-
hormones, toxins)	CYP19A1 CYP1A1 CYP1A2 CYP1B1 (reproductiv	ve tissue, eve)	Intermediary Metabolites	Acetylation - NAT1 Glucaronidation - UG	, NAT2, etc. GT1A1, UGT2A1,	Water Soluble Excretory Derivative	Ŧ	CYP1A2*1K -739T>G	G	тт	-/-
	CYP21A1 CYP2481			etc.	tion - GGT1	11	Ŧ	CYP1A2*3 D348N	A	GG	-/-
	CYP26A1 CYP27B1 CYP2A13			GPX3, GSR, GSTM	GSTP, etc.	Serum to	Đ	CYP1A2*6 R431W	Т	СС	-/-
	CYP2A6 CYP2B6) \	Peptide Conjugation Taurine	- Glycine,	Kidneys to Urine	Ŧ	CYP1B1 L432V	G	сс	-/-
	CYP2C19 CYP2C9		¥	Methylation -MTHFF	R, MTR, MTRR,	OR Bile to	Ē	CVP1R1 T7414	r	۵۵	-/-

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- Send to one of these three options.
 - Email to info@dryoungberg.com
 - Fax to 951•271•4455

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